

FAR-FLUNG TRUDGERS – OUTPOST AA MEETING FORMAT

If available, secretary starts meeting and selects a meeting leader.

Leader:

Hello, my name is _____, and i am an alcoholic. Welcome to the **Far-Flung Trudgers** Zoom meeting of Alcoholics Anonymous. Would you please help me open the meeting with a moment of silence followed by the serenity prayer?

Serenity Prayer:

God grant me the serenity to accept the things i cannot change, the courage to change the things i can, and the wisdom to know the difference.

AA Preamble:

Alcoholics anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

LEADER now shares for 5 to 10 minutes. At the end of leader's share, the leader calls for a topic or selects a topic suggested from the list found here. And, the **LEADER** announces the following:

This is an hour only meeting. It is an open meeting of alcoholics anonymous and we ask that only those who identify as alcoholics or as having a desire to stop drinking share. Please limit your share to 2 to 3 minutes so that all may share. A timer will remind you when your time is up and if necessary remind you every minute thereafter.

Today, the the method of sharing will be _____ (**LEADER chooses the method of sharing. Sharing may be accomplished via tag, round robin, or for well-attended meetings, with whomever the LEADER calls upon).**

30 Minutes – At the 30 minute mark, **LEADER asks** for someone to read the 12 Traditions while a seventh tradition announcement is made regarding ongoing support for meeting costs.

LEADER now turns the meeting back to the SECRETARY for announcements and chips. After chips are given, **LEADER asks** or directs for sharing to continue.

50 Minutes – at the 50 minute mark, **LEADER will ask** if anyone has a burning desire to share. If no one has a burning desire, the sharing continues.

60 Minutes – The meeting ends. **LEADER calls** upon someone to to lead the group in the Serenity Prayer.

Alternate Format: In lieu of sharing, participant may briefly read from recovery related literature such as 24 Hours a Day, As Bill Sees It, the Big Book, Daily Reflections, or Grapevine.